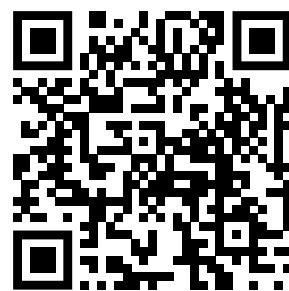




PRINCIPLES OF FOOT & ANKLE SURGERY WITH CADAVERIC SPECIMENS

For Orthopaedic Trainees & Consultants (Overseas)



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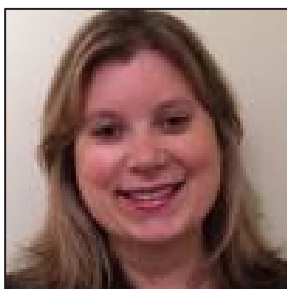
Organized by:
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engagements

2nd & 3rd OCTOBER, 2025
LE MERIDIEN, AIRPORT ROAD, DUBAI, UAE

4th OCTOBER, 2025
CADAVER WORKSHOP

Sharjah Clinical Surgical Training Centre, University Of Sharjah, UAE





Anna Chapman (BOFAS Education Committee Chair)

Mrs Anna Chapman is a Consultant Trauma and Orthopaedic Surgeon at University Hospitals, Coventry and Warwickshire, with a specialist interest in Foot & Ankle surgery. She qualified from Guy's, Kings and St Thomas's Hospitals School of Medicine in London and completed her orthopaedic training on the Warwick rotation. She undertook Fellowship training in Bournemouth and Bristol and was appointed as a Consultant in 2012. She completed a Master's Degree in Medical Education at the University of Warwick in 2010 and continues to pursue her interest in all things educational. Anna is currently the Training Programme Director for the Warwick Orthopaedic Specialist Training Programme, served two terms on the BOFAS Education Committee and is Chair of the BOFAS EDI Working Group.



Moez Ballal (Dubai Course Director)

Dr Moez Ballal is a consultant foot and ankle surgeon in SSMC, Abu Dhabi, UAE. He completed his basic and higher surgical training in Mersey Deanery rotation with fellowship training in foot and ankle surgery in Liverpool, London and Manchester. With over two decades of experience, Dr. Ballal has acquired robust fellowship training in foot and ankle surgery, including severe foot and ankle trauma and sports injuries. A distinguished physician, he is a member of the British Orthopaedic Association (BOA), the British Orthopaedic Foot and Ankle Society (BOFAS), and the International Society of Trauma & Orthopaedic Surgery (SICOT). Furthermore, Dr. Ballal is a member and Fellow of the Royal College of Surgeons of Edinburgh.



Prof. Dr. Les Cannon

Dr Les Cannon is a UK trained consultant trauma and orthopaedic surgeon. He is English and studied medicine in London, qualifying as a doctor in 1991. He underwent general surgical training before starting higher training in orthopaedic surgery.

Dr. Cannon underwent specialist foot and ankle training in the Nuffield Orthopaedic Centre, Oxford, UK. He then undertook a year in the North Sydney Orthopaedic and Sports Medicine Centre, Australia gaining experience in managing elite sportsmen and women. He was then appointed as a consultant in 2004.

Dr. Cannon spent 9 years working at the Royal Hospital Haslar and the Queen Alexandra Hospital on the south coast of England as a Trauma and Foot & Ankle surgeon.



Mark Davies (Immediate BOFAS Past President)

Mr Mark B Davies is a graduate of Southampton University from 1993 who subsequently underwent specialist training in Sheffield. He undertook two Fellowships, one in trauma and limb reconstruction in Sheffield and the other in adult foot and ankle surgery in Brisbane in 2005. He is a consultant and honorary clinical lecturer in the Sheffield Foot and Ankle Unit, the lead for undergraduate education in orthopaedic surgery and the SFAU lead for research and audit. Mark has served two terms as BOFAS Honorary Secretary and is the current BOFAS President.



Roger Haene

Dr Roger Haene completed his medical studies at the University of Witwatersrand Medical School in Johannesburg, South Africa in 1997. He gained initial surgical experience in Switzerland before pursuing orthopedic training in the Cambridge region of the East of England. Upon completing his training, Dr. Roger was awarded a Certificate of Completion of Training (CCT) accreditation in Trauma & Orthopedics in 2010. Furthering his expertise, Dr. Roger underwent specialized training in foot and ankle surgery in Dublin, Ireland, and Toronto, Canada.

Dr. Roger served as a Consultant in Orthopedic and Trauma Surgery in Canada for seven years, he was later appointed as an Assistant Professor at both Dalhousie University in Halifax and Memorial University in St. John's, Canada. Dr. Roger actively contributed to the medical community as an executive committee member of the Canadian Orthopaedic Foot and Ankle Society.



Lucky Jeyaseelan

Mr Jeyaseelan is a Consultant Trauma & Orthopaedic Foot & Ankle Surgeon based at the internationally renowned Barts Health NHS Trust, which includes one of the busiest trauma units in Europe, The Royal London Hospital. He is the Clinical Lead of Elective Orthopaedic Care at the Barts Health Orthopaedic Centre and an Honorary Senior Clinical Lecturer at Queen Mary University London (QMUL). He specialises in all aspects of F&A care including complex trauma, deformity correction, minimally invasive surgery and sports injuries. He has a particular interest in ankle arthritis and total ankle replacement. He also specialises in dealing with the longer-term impact of trauma and post-traumatic reconstructions. He is the Chair of the Foot & Ankle Committee of SICOT and sits on the Evidence Based Medicine Committee of the



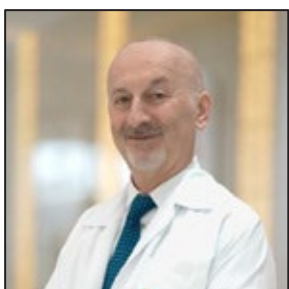
Ehab Kheir (Dubai Course Co-Director)

Dr Ehab Kheir is an established Orthopaedic Surgeon trained in the UK. He is a consultant orthopaedic surgeon specialising in foot and ankle surgery practicing in Mediclinic Parkview Hospital in Dubai. He has vast experience of treating complex foot and ankle conditions. During his training, he gained a breadth of knowledge in different subspecialties in trauma and orthopaedics. Ehab completed his trauma and orthopaedics training in Yorkshire and undertook two highly specialised foot and ankle fellowships in Leeds and Wirral in the UK working with nationally recognised expert foot and ankle surgeons



Julie Kohls

Miss Julie Kohls is a Consultant Orthopaedic Surgeon specialising in Foot and Ankle Surgery who has worked at the Royal Surrey Hospital since July 2007. Julie sees all manner of Foot and Ankle problems and is also committed to the care of diabetic patients and co-runs Diabetes MDT clinics. Julie is Canadian and she qualified in medicine at Western University in Ontario in 1996 followed by the Orthopaedic surgery training program at the University of Toronto. After arriving in London, UK in 1999, Julie completed her training in Orthopaedic surgery on the London Northwest training program. In 2007 Julie became a Fellow of the Royal College of Surgeons of England (FRCS Tr & Orth). Julie completed two years of Fellowship Training in Foot and Ankle Surgery. Julie has 2 sons entering University this year, an aging Cocker spaniel, and is learning to sail and play tennis.



Maan Taba

Dr Maan Taba earned his MD in Orthopedics and MS in Surgery from Spain and the FRCS in Trauma and Orthopedics from the UK. He gained extensive experience in his area of specialty specialization while training in the Royal National Orthopedic Hospital in Stanmore, UK.

Dr. Taba assesses his patients thoroughly, so they can be conservatively treated. He believes in minimal invasive surgery to manage the correction of all foot defects. His areas of expertise include management of sports Injuries which includes fractures and instability; ankle deformities; ankle rheumatoid disease and total ankle replacement.



Krishna Vemulapalli

Mr Krishna Vemulapalli graduated from India and completed his Higher Surgical Training from The Royal London Hospital and Percival Potts Rotation before his appointment as a Consultant Orthopaedics Surgeon at Barking Havering & Redbridge University Hospitals NHS Trust (BHRUT). He specialises in Foot and Ankle surgery and Orthopaedic surgery for Children. He is also Honorary Senior Lecturer at Queen Mary University, London. He is passionate about teaching and was instrumental in getting the Queens Hospital 'Training Hospital of the Year 2014' and 2nd runner-up in 2020 for Orthopaedics. He also has won several awards for outstanding patient Care and Teaching including 'Trainer of Year 2015' and 'Highly Commended Clinical Supervisor of the year-PGMDE-UCL partners 2016'. He is a Clinical Lead of the department and chief architect for BONES (BHRUT Orthopaedics NHS Elective Surgery) Project which is a pioneer NHS High Volume week performing 135 Hip & Knee arthroplasties and 85 day cases in a week.

Day 1 - Thursday 2nd October 2025

Le Meridien, Airport Road, Dubai, UAE



09:00 - 09:30	Registration	
09:30 - 09:40	Introduction & Welcome	Anna Chapman /Moez Ballal
09:40 - 10:30	Clinical examination of the foot and ankle Lecture Workshop: Examination of the normal foot & ankle	All faculty
10:30 - 10:50	Hallux Valgus management	Maan Taba
10:50 - 11:20	Midfoot / Hindfoot OA (Ankle OA)	Krishna Vemulapalli
11:20 - 11:35	Coffee break	
11:35 - 12:05	Ankle fractures management	Roger Heane
12:05 - 12:30	Pilon fractures	Lucky Jeyaseelan
12:30 - 13:00	Talus fracture	Les Cannon
13:00 - 14:00	Lunch	
14:30 - 17:30	Workshops and case discussion	

14:30-17:40 Clinical case presentations with patients (40 minutes per station)

17:40 – 18:30 Case based discussions **DXB faculty**

19:30 Course Dinner - Delegates and Faculty

Day 2 -Friday 3rd October 2025

Le Meridien, Airport Road, Dubai, UAE



08:30-08:40	Registration	
08:40-09:00	Imaging in Foot and Ankle	Moez Ballal
09:00-09:20	Diabetic foot and Charcot neuroarthropathy	Anna Chapman
09:20-09:40	Management of flatfoot	Mark Davies
09:40-10:00	Management of neuromuscular cavus foot	Julie Kohls
10:00-10:30	Coffee	
10:30-10:50	Calcaneal fracture	Lucky Jeyaseelan
10:50-11:10	Lisfranc and midtarsal fractures	Maan Taba
11:10-11:30	Ankle ligament injury, OCD, peroneal tendon pathologies	Ehab Kheir
11:30 - 11:50	Plantar Fascitis, Insertional TA tendinitis, Shockwave	Anna Chapman
12:00-14:00	Prayer / Lunch	
14:00-17:10	Four clinical examination and discussion workshops	
	Deformity Post Trauma Diabetes Neurological	
17:10-18:00	Discussion of difficult cases from the delegates	Anna Chapman
19:00	Course dinner – faculty	

Day 3 -Saturday 4th October 2025

Sharjah Clinical Surgical Training Centre, University Of Sharjah, UAE



CADAVER WORKSHOP

08:30 – 08:45	Registration	
08:45 - 09:00	Introduction to cadaveric day	Anna Chapman
09:00 - 09:10	Nerve blocks techniques in foot and ankle demonstration & practice	Ehab Kheir
09:10 - 09:20	Lateral approaches	
09:20 - 10:30	Peroneal SPR repair, Lateral ligament recon (Brostrum) Trans fibular approach STJ Fusion Extended lateral – ORIF / MIS calcaneum/ calcaneal osteotomy	Roger Heane
10:30 - 11:00	Coffee	
11:00 - 12:00	Medial approach FDL transfer, spring, deltoid reconstruction for flat foot Medial approach – Talo-navicular/ Double fusion Tibialis posterior tendon transfer for foot drop / Cavovarus deformity	Mark Davies
12:00 - 12:45	Posterior approach Achilles repair FHL transfer for Chronic Achilles rupture Postero-lateral approach – ORIF lateral and posterior malleolus	Krishna Vemulapalli
12:45 - 13:45	Prayer and Lunch break	
13:45 - 14:30	Anterior/ Dorsal approaches Anterior approach ankle and Talo-navicular joint Postero-lateral, postero-medial Lisfranc fixation/fusion	Les Cannon
14:30 - 15:15	Forefoot surgery Jones transfer, First MTPJ fusion, Lesser toe fusion	Julie Kohls
15:15 - 15:45	Fasciotomies Distal amputations	Moez Balal
16:00 - 16:15	Case discussions	
16:30 - 16:45	Course close and feedback	Anna Chapman / Moez Balal

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