



PRINCIPLES OF FOOT AND ANKLE SURGERY

WITH CADAVERIC SPECIMENS

54th Course

Venue:

Le Meridian Hotel
Dubai - UAE

Date:

18,19 and 20
March - 2027

For Orthopaedic
Surgeon/ Trainees
(Overseas)

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TEACHING SAFE PRACTICE

Aims of the Course

The BOFAS Education Committee has run The Principles course since 2011 across the UK. The aim is to give Trainee Orthopaedic Surgeons a solid grounding in the principles and the decision making in Foot & Ankle Surgery. The course has expanded to India with IOFAS (Indian Orthopaedic Foot & Ankle Society) and to Africa in partnership with COSECSA (College of Surgeons of Eastern, Central & Southern Africa) and last year we have done the first course in the Middle East in partnership with MEFAS (Middle East Foot and Ankle Surgery).

There is an emphasis on clinical examination of cases, small group discussions and learning surgical approaches in the cadaver lab. The course is entirely sponsored by the British Society members, and we now train 72 trainees in the UK and 40 in both India & Africa per year.

This is the second course we are running in UAE and the aim is to expand the Foot and Ankle education and training in the Middle East and Gulf area.

Faculty

The faculty have been selected for either their extensive surgical experience in the UAE or as expert teachers of Foot & Ankle Surgery in the United Kingdom. Thus, there is a very international faculty from across the world.

The BOFAS Principles course prides itself on the low number of trainees per faculty teacher.

Feedback

Responding to feedback is a key principle of the course and both the format and content are adjusted to meet the requirements of the trainees.

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SETTING THE RIGHT ENVIRONMENT FOR LEARNING

Informal



Informal



Individual



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COURSE DIRECTOR

Dr. Anna Chapman (Course Director)



Mrs Anna Chapman is a consultant trauma and orthopaedics surgeon at University Hospitals, Coventry and Warwickshire, with a specialist in Foot and Ankle Surgery. She qualified from Guy's and Kings and St Thomas's Hospital school of Medicine in London and completed her Orthopaedics training in the Warwick rotation. She undertook Fellowship training in Bournemouth and Bristol and was appointed as a consultant in 2012. She completed a Master's degree in Medical Education at the University of Warwick in 2010 and continued to pursue in all things educational. Anna is currently the Training Programme Director for the Warwick Orthopaedics Speciality Training Programme, served two terms on the BOFAS Education Committee and is Chair of the BOFAS EdI working group.

Dr. Ehab Kheir (Course Director)



Dr Ehab Kheir is an established Orthopaedic Surgeon trained in the UK. He is a consultant orthopaedic surgeon specialising in foot and ankle surgery practicing in Mediclinic Parkview Hospital in Dubai. He has vast experience of treating complex foot and ankle conditions. During his training, he gained a breadth of knowledge in different subspecialties in trauma and orthopaedics. Ehab completed his trauma and orthopaedics training in Yorkshire and undertook two highly specialised foot and ankle fellowships in Leeds and Wirral in the UK working with nationally recognised expert foot and ankle surgeons

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COURSE CO-DIRECTOR

Moez Ballal (Course Co-Director)

Dr Moez Ballal is a consultant foot and ankle surgeon in SSMC, Abu Dhabi, UAE.

He completed his basic and higher surgical training in Mersey Deanery rotation with fellowship training in foot and ankle surgery in Liverpool, London and Manchester.

With over two decades of experience, Dr. Ballal has acquired robust fellowship training in foot and ankle surgery, including severe foot and ankle trauma and sports injuries. A distinguished physician, he is a member of the British Orthopaedic Association (BOA), the British Orthopaedic Foot and Ankle Society (BOFAS), and the International Society of Trauma & Orthopaedic Surgery (SICOT). Furthermore, Dr. Ballal is a member and Fellow of the Royal College of Surgeons of Edinburgh.



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Dr. Maan Taba

Dr Maan Taba earned his MD in Orthopedics and MS in Surgery from Spain and the FRCS in Trauma and Orthopedics from the UK. He gained extensive experience in his area of specialty specialization while training in the Royal National Orthopedic Hospital in Stanmore, UK.

Dr. Taba assesses his patients thoroughly, so they can be conservatively treated. He believes in minimal invasive surgery to manage the correction of all foot defects. His areas of expertise include management of sports Injuries which includes fractures and instability; ankle deformities; ankle rheumatoid disease and total ankle replacement.



Prof. Dr. Les Cannon

Dr Les Cannon is a UK trained consultant trauma and orthopaedic surgeon.

He is English and studied medicine in London, qualifying as a doctor in 1991. He underwent general surgical training before starting higher training in orthopaedic surgery.

Dr. Cannon underwent specialist foot and ankle training in the Nuffield Orthopaedic Centre, Oxford, UK. He then undertook a year in the North Sydney Orthopaedic and Sports Medicine Centre, Australia gaining experience in managing elite sportsmen and women. He was then appointed as a consultant in 2004.

Dr. Cannon spent 9 years working at the Royal Hospital Haslar and the Queen Alexandra Hospital on the south coast of England as a Trauma and Foot & Ankle surgeon.

He then moved to the UAE in 2013 and became Head of Orthopaedics at Mafraq Hospital, until 2016 when he moved to Healthpoint Hospital where he spent 5 years as a consultant and Education Lead.

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Dr. Lucky Jeyaseelan

Mr Jeyaseelan is a Consultant Trauma & Orthopaedic Foot & Ankle Surgeon based at the internationally renowned Barts Health NHS Trust, which includes one of the busiest trauma units in Europe, The Royal London Hospital. He is the Clinical Lead of Elective Orthopaedic Care at the Barts Health Orthopaedic Centre and an Honorary Senior Clinical Lecturer at Queen Mary University London (QMUL). He specialises in all aspects of F&A care including complex trauma, deformity correction, minimally invasive surgery and sports injuries. He has a particular interest in ankle arthritis and total ankle replacement. He also specialises in dealing with the longer-term impact of trauma and post-traumatic reconstructions. He is the Chair of the Foot & Ankle Committee of SICOT and sits on the Evidence Based Medicine Committee of the American Orthopaedic Foot & Ankle Society (AOFAS) and the Elective Orthopaedic Committee of the British Orthopaedic Association (BOA). He is an examiner at The Royal College of Surgeons of England and also a Co-Opted Member of the Royal College of Physicians.



Dr. Julie Kohls

Miss Julie Kohls is a Consultant Orthopaedic Surgeon specialising in Foot and Ankle Surgery who has worked at the Royal Surrey Hospital since July 2007. Julie sees all manner of Foot and Ankle problems and is also committed to the care of diabetic patients and co-runs Diabetes MDT clinics. Julie is Canadian and she qualified in medicine at Western University in Ontario in 1996 followed by the Orthopaedic surgery training program at the University of Toronto. After arriving in London, UK in 1999, Julie completed her training in Orthopaedic surgery on the London Northwest training program. In 2007 Julie became a Fellow of the Royal College of Surgeons of England (FRCS Tr & Orth). Julie completed two years of Fellowship Training in Foot and Ankle Surgery. Julie has 2 sons entering University this year, an aging Cocker spaniel, and is learning to sail and play tennis.

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Dr. Krishna Prasad Meda

Dr KP Meda is a leading British Orthopaedic Foot and ankle specialist in Dubai with over 15 years of experience at a Consultant level in managing all aspects of elective and trauma.

In 2006 he was appointed as Consultant Foot & Ankle surgeon at Birmingham regional Royal Orthopaedic Hospital. He has given lectures worldwide and published articles in peer-reviewed journals.



Dr. Haris Naseem

Dr. Haris Naseem is a distinguished Consultant Orthopaedic Surgeon with extensive experience in the field. He specializes in foot and ankle surgery, sports medicine, and limb reconstruction techniques, including limb lengthening and deformity correction. Dr. Naseem is also adept at managing complex trauma and general orthopedic trauma.

Dr. Naseem completed his Master of Research (MRes) with Distinction and his Bachelor of Medicine and Bachelor of Surgery (MBChB) from the University of Manchester, UK. He also holds a Diploma in Sport and Exercise Medicine (Dip Sports Med) from the Faculty of Sport and Exercise Medicine UK.

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Dr. Shariff Hazarika



Mr Shariff Hazarika is a fellowship-trained foot and ankle specialist with a full-time NHS consultant practice based at the Royal Alexandra Hospital, Paisley, since 2012. He completed his Trauma and Orthopaedic training in the North of England, before undertaking a fellowship in foot and ankle surgery at the Glasgow Royal Infirmary in 2012 under Senthil Kumar. Mr Hazarika is an Academic Clinical Educator for the Royal College of Physicians and Surgeons of Glasgow and has also taught several national foot and ankle courses for consultants and trainees.

He was the former Clinical Director for Clyde Orthopaedic Services and led through the challenges of the COVID-19 pandemic and the trauma services redesign in 2021. Before this, he held positions of Clinical Lead for Trauma and the West of Scotland Foot and Ankle Society Chair. He maintains his interests in clinical research and audit and has presented his work at national and international conferences.

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AGENDA

Day 1 - Friday 18th March 2027

Le Meridien, Airport Road, Dubai

08:00 - 08:30	Registration	
08:30 - 08:40	Introduction & Welcome	Anna Chapman & Ehab Kheir
08:40 - 09:40	Clinical examination of the foot and ankle Lecture Workshop: Examination of the normal foot & ankle	All faculty
09:40 - 09:55	Hallux Valgus management	KP Meda
09:55 - 10:10	Midfoot / Hindfoot OA (Ankle OA)	Anna Chapman
10:10 - 10:40	Coffee break	
10:40 - 10:55	Ankle fractures management	Harris Naseem
10:55 - 11:10	Pilon fractures	Moez Ballal
11:10 - 12:10	Discussion of difficult cases from the delegates	All Faculty & Delegates
12:10 - 14:00	Prayer / Lunch	
14:00 - 17:30	Workshops and case discussion	

14:00 - 17:30 Clinical case presentations Workshops

Room 1	Orthotics Workshop
Room 2	Paragon workshop (Approaches and saw bones - Foot)
Room 3	Sports injuries case discussion (TA, lateral ankle instability, plantar fasciitis) Forefoot, soft tissues cases discussion (Patients)
Room 4	Wound management workshop

	Group A	Group B	Group C	Group D
14:00-14:40	Orthotics (R1)	Paragon (R2)	Case discussion (R3)	Wound management (R4)
14:00-15:20	Paragon (R2)	Case discussion (R3)	Wound management (R4)	Orthotics (R1)
15:20 - 15:50	Coffee	Coffee	Coffee	Coffee
15:50-16:30	Case discussion (R3)	Wound management (R4)	Orthotics (R1)	Paragon (R2)
16:30-17:20	Wound management (R4)	Orthotics (R1)	Paragon (R2)	Case discussion (R3)

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Day 2 - Saturday 19th March 2027

Le Meridien, Airport Road, Dubai

09:00-09:30	Registration	
09:30-09:45	Imaging in Foot and Ankle	Moez Ballal
09:45-10:00	Diabetic foot and Charcot neuro-arthropathy	Anna Chapman
10:00-10:15	Management of flatfoot	Les Cannon
10:15-10:30	Management of neuromuscular cavus foot	Julie Kohls
10:30-11:00	Coffee	
11:00-11:15	Talus and Calcaneal fracture	Lucky Jeyaseelan
11:15-11:30	Lisfranc and midtarsal fractures	Maan Taba
11:30-11:45	Ankle ligament injury, OCD, peroneal tendon pathologies	Ehab Kheir
11:45-12:00	Q&A and Discussion	
12:00-13:00	Discussion of difficult cases from the delegates	All Faculty & Delegates
13:00-14:00	Lunch	
14:00-17:10	Four clinical examination and discussion workshops (40 minutes per station)	
Room 1	Deformity	
Room 2	Post Trauma	
Room 3	Diabetes and Neurological	
Room 4	Synthes EX-Fix Workshop	

	Group A	Group B	Group C	Group D
14:00-14:40	Deformity (R1)	Post Trauma (R2)	Diabetes and Neurological (R3)	Synthes (R4)
14:40-15:20	Post Trauma (R2)	Diabetes and Neurological (R3)	Synthes (R4)	Deformity (R1)
15:20-15:50	Coffee	Coffee	Coffee	Coffee
15:50-16:30	Diabetes and Neurological (R3)	Synthes (R4)	Deformity (R1)	Post Trauma (R2)
16:30-17:10	Synthes (R4)	Deformity (R1)	Post Trauma (R2)	Diabetes and Neurological (R3)

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Day 3 – Sunday 20th March 2027

CADAVER HANDS ON WORKSHOP

Sharjah Clinical Surgical Training Centre, University of Sharjah, UAE

09:30 – 09:45

Registration

09:45 – 10:00

Introduction to Cadaveric Lab

Ehab Kheir

10:00 – 10:10

Nerve blocks techniques in foot and ankle
demonstration & practice

Moez Ballal

10:10 - 11:00

Achilles

Maan Taba

11:00 – 11:30

Coffee

11:30 – 12:30

Lateral ligament reconstruction

Les Cannon

12:30 - 13:30

Lunch break

13:30 - 15:00

Ankle fractures:
Postero-lateral approach
Posteromedial approach
Anterior approach

All Faculties

15:00 - 16:30

Foot:
Lisfranc
Lapidus
Bunion
1st MTPJ fusion

All Faculties

16:30 - 16:45

Course close and feedback

Ehab Kheir & Anna Chapman



British Orthopaedic Foot and Ankle Society

— FOR REGISTRATION —

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MEFAS
MIDDLE EAST FOOT & ANKLE SURGERY

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